

Tomato Salsa

Cuisine: N/A

Recipe Type: International

Cooking Time:

Serving: 10 Peoples

Ingredients:

- [Buitoni® Tomato Coulis](#), 500 g
- 1 Medium Red Onion, Freshly diced 70 g
- 4 Gloves Garlic, Crushed 20 g
- 2 Jalapeno pepper, Deseeded and finely diced 20 g
- 2 Teaspoons Lime Juice, Freshly squeezed 10 g
- 1 Teaspoon Sea Salt, 2.5 g
- 1 Teaspoon Black Pepper, Freshly ground 3 g
- 1 Small Red pepper, Finely diced 20 g
- 1 Teaspoon Tabasco Sauce, 20 mL
- 2 Teaspoon Coriander, Freshly chopped 1 bunch

Nutritional Information:

- Energy (kcal) *16 kcal*
- Protein (g) *1 g*
- Fats, total (g) *2 g*
- Carbohydrate, total (g) *6 g*
- Sugars, total (g) *3 g*
- Fats, saturated (g) *0 g*
- Fiber, total dietary (g) *1 g*
- Sodium (mg) *110 mg*
- Calcium (mg) *7 mg*
- Cholesterol (mg) *0 mg*
- Iron (mg) *0 mg*
- Vitamin A, IU *119 IU*
- Vitamin C (mg) *7 mg*
- Vitamin D (µg) *0 IU*

Procedure:

1 Combine all ingredients

2 Cover and refrigerate for 1-2 hours, or overnight, to allow flavours to combine